



Cerebral Palsy
of Mideast Wisconsin, Inc.
Over 50 Years of Service
Serving All Disabilities

CHAT PLUS

March 2010 • Volume 5

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Mission Statement:

The mission of the corporation is to affect positively the quality of life for persons with severe disabilities, including, but not limited to cerebral palsy, and the families with multiple service needs.

Counties Served:

Adams
Calumet
Fond du Lac
Green Lake
Marquette
Outagamie
Waupaca
Waushara
Winnebago

Letter from the President

As the incoming President of Cerebral Palsy of Mideast Wisconsin, I want to take this opportunity to thank our donors, the wonderful volunteers and staff for their support and ongoing efforts to keep all of our programs operating.



We can be very proud of the activities and accomplishments of the past year; now we need to look forward to the new year and the challenges we face with fewer public and private financial resources. In addition to our generous donors, fundraising has been

a key revenue resource. One of our major tasks will be to keep our current fundraising activities at a high level, as well as focusing on new and exciting fundraising ideas and activities.

For those that have so generously given of your time to support our fundraising activities, thank you and we look forward to your continued support.

For those that would like to become involved, we welcome you. Please feel free to call me or any Cerebral Palsy staff member if you would like to become a part of the Cerebral Palsy volunteer family. We look forward to hearing from you.

Sandy Noe
2010 President

Thank you, Ginger, for dedication, volunteer efforts

Ginger Beuk has served on the Cerebral Palsy of Mideast Wisconsin Board of Directors since 1994 and served two terms as Secretary. We want to thank Ginger for her dedication and all that she brings to Cerebral Palsy of Mideast Wisconsin.



Ginger was born with cerebral palsy and has come a long way since her birth 41 years ago. Ginger lives independently at the Willo Apartments in Oshkosh,

housing for person having physical disabilities. Judy Britton, Executive Director for Cerebral Palsy of Mideast Wisconsin, recalls when Ginger's foster parents brought her to the office for an evaluation when she was two and a half years old. She was crying, screaming and totally afraid of people, especially women. Ginger could neither walk nor talk. After the evaluation,

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CEREBRAL PALSY OF MIDEAST WISCONSIN INC
2010 Board of Directors

Sandra Noe - President
Matt Murphy – 1st Vice President
Phil Janes – 2nd Vice President
Barbara Chesna - Secretary
Jennifer Galow - Treasurer
E. Arthur Rehbein – Delegate at Large to the Executive Committee
Beverly McCarthy - Delegate at Large to the Executive Committee
Vicky Fitzgerald – Immediate Past President

Ginger Beuk • Roger Birschbach • Pam DeLap
Andy Dumke • Jean Long Manteufel • Todd M. Miller
Todd A. Moely • Pat Seaman • Ritu Tannan
Cindy Tisinai • Rick Vanderloop • Liz Casper, Ex-Officio - (Leadership Oshkosh)

Judith K. Britton – Executive Director
Lorraine Yarbrough – Assistant Executive Director

Thank you Ginger

Continued from Page 1

Ginger was placed in the Infant Program, sponsored by Cerebral Palsy of Mideast Wisconsin at Theda Clark Hospital for a year. Her parents had to transport her from their Fond du Lac home back and forth to Theda Clark Hospital. Then Ginger entered into the Cerebral Palsy of Mideast Wisconsin pre-school program at Fond du Lac.

Ginger progressed so well that she attended regular grade and high school classes in Fond du Lac, graduating in 1986 and has since attended her high school reunions and states they have

been wonderful to attend.

The highlight for Ginger was when she obtained her driver's license in 1989 and it was that same year that she moved into her own apartment at the Willo Apartments in Oshkosh.

Ginger then attended Fox Valley Technical School for two years studying computers. Because of her computer skills she was hired in a variety of jobs which included nursing administration office at Mercy Medical Center.

Ginger's election to the Cerebral Palsy of Mideast Wisconsin Board of Directors caps many

years of volunteer involvement with the agency's projects. A special honor was when she was its Ambassador in the early seventies.

Ginger has accomplished a lot and it gives her a great sense of pride. Ginger has been such a leader at the Willo Apartments and is seen outside visiting her neighbors, and giving rides to other residents in time of need. Ginger also drives to Fond du Lac frequently to visit family.

Ginger spends loves snuggling her new kitten Mittens while watching the Packers or while working on her computer.

Remember us when you are shopping at **Festival Foods**.

Mail or bring us your receipt by the 5th of the month, and we will receive 1% of total purchase.

Pick n' Save: Ask Customer Service to list us as your preferred agency.

Morton's Pharmacy: Ask Customer Service to list us as your preferred agency.

Any **aluminum cans** may be dropped off at the Oshkosh Respite House for recycling.

OCM Card available at Cerebral Palsy of Mideast Wisconsin office in Oshkosh for \$10 each.

Contact Cerebral Palsy for any additional information or questions.

Legal Corner with Jennifer Koepl - Powers of Attorney

Every individual over age 18 who has legal capacity to make financial decisions for himself or herself NEEDS a durable financial power of attorney. Why? Well, if something should happen to you and you have not designated an agent to make financial decisions on your behalf, there will be no alternative but to have a Court appoint a legal guardian of your estate. In a guardianship, the Court picks who will manage your financial affairs and that may not necessarily be the person you want acting on your behalf.

What are the different types of Power of Attorney, and what do I choose?

Many people stress that in order to prevent the need for guardianship you must have a “durable” power of attorney. This means that the document you sign contains language which states or shows your intent that even after your incapacity the agent retains authority to act, notwithstanding your subsequent disability. The document can provide that the agent has authority to act on behalf of the creator (ie. the “principal”) beginning the date the principal signs the document and is immediately effective both before and after incapacity. Or, the document can have a “springing power” which basically states that the power of attorney and agent’s authority to act shall become effective only upon the disability or incapacity of the principal. Choosing a current power of attorney or a springing power of attorney is a personal choice which should be discussed with your attorney. Either, however, will avoid the need for a guardianship.

A power of attorney can be general or limited. A general power of attorney will delegate many different types of powers and authority to act to the agent and is not dependent upon a specific event or transaction happening. A limited power of attorney will typically

only delegate a few powers relevant to a specific transaction, event or account. Clients looking to avoid guardianship should use a general, durable power of attorney form.

What if I own everything jointly with my spouse, why would I need a power of attorney?

In many instances where one spouse becomes incapacitated the ability to manage finances is not substantially hindered because the healthy spouse has legal capacity and access to the bank accounts. However, you should consider a couple of key assets which will become unavailable or difficult to liquidate, if necessary, should one spouse become incapacitated. The first is the retirement account(s) of the incapacitated spouse. A qualified retirement account can only have one owner and therefore, if owned by the incapacitated spouse, will not be accessible by the healthy spouse. Even though the healthy spouse may be designated as a “beneficiary” on that account, that beneficiary designation grants no rights to the healthy spouse until after the death of the incapacitated spouse.

The second asset is your home. While incapacity of one spouse does not preclude the other from living there and continuing to use it, it will prevent the sale of the home should the healthy spouse need to relocate. Without an agent under a power of attorney, there will be no one with legal authority to sign a transfer deed on behalf of the incapacitated spouse.

What if I have no assets, why would I need a financial power of attorney?

An agent under a financial power of attorney manages an individual’s financial affairs. This can and often includes helping that individual apply for and obtain government benefits related to the individual’s care and receipt of income. If an individual becomes incapacitated and can no longer

apply for benefits or sign the annual report to keep their benefits, the social worker will be looking for either an agent under a durable power of attorney or a guardian to work with going forward. If there is no agent, someone must be appointed by the Court as your legal guardian. If this happens to be a family member, it will require them to provide additional accountings not only to the Social Security Administration (as Rep. Payee) and Department of Health Services, but to the Court as well, creating extra work which could have been avoided with a general durable power of attorney.

What do we do if there is no one with legal authority to act for the incapacitated individual?

If an individual becomes incapacitated and has not delegated authority to an agent to act with regards to his or her financial matters, then there may be no alternative but to petition to have the Court appoint a guardian of the incapacitated person’s estate. Typically, it may take up to four weeks or longer to get a Court hearing, which is required before a guardian can be appointed. Until the guardian is appointed, the incapacitated individual’s assets cannot be used to pay bills nor can they be used (in the case of a retirement account) for support of the family.

In choosing an agent to act for you under a general, durable power of attorney, you should always pick a person or entity that you trust with your financial matters. I further recommend that you consult with your attorney to determine what powers may be appropriate in your situation to grant to the agent.

In the next newsletter, I will be addressing guardianships for children turning age 18.

Oshkosh Special Needs Parent Coalition

The Oshkosh Special Needs Parent Coalition sponsored by Cerebral Palsy of Mideast Wisconsin and Arc-Winnebago County Disability Association, Inc., invites you to a Community Conversation.

Join us as we discuss possibilities of inclusion for all children in our community.

We invite all parents to an evening of conversation where they will have the opportunity to share ideas on how to expand community involvement. We look forward to

an informal and open discussion that will explore ways to create a vision in our community. We will also enjoy some wonderful treats!

We want to hear from you! Come and join us:

When: Thursday, March 11,
6-8 p.m.

Where: Hooper Community Center,
36 Broad St.

RSVP: By Friday, March 6, to
Shannon Walter at
osnpc1@gmail.com or
233-1345.

Rocking horse donated to Oshkosh Respite House

The Respite House in Oshkosh recently received a new addition of a large adapted wooden rocking horse.

Thanks to Joe and Anne Hameister of Menasha who had the horse built especially for their little girl, Ella. Ella no longer used the horse, so they wanted to share it with children who would benefit from it.

At the Respite House, it gives some of the younger children a unique experience and something to enjoy about their stay.

Thanks, again, Anne, Joe and Ella!



The Hameister family of Menasha donated this adapted rocking horse to the Oshkosh Respite House.

At the center of the universe is a loving heart that continues to beat and that wants the best for every person.

Anything we can do to help foster life intellect and spirit and emotional growth of our fellow beings, that is our job.

Those of us who have this particular vision must continue against all odds.

Life is for service.



*Fred Rogers
Mr. Rogers Neighborhood*

Join the Human Race May 1 in Appleton



The 10th annual Human Race is Saturday, May 1st starting at 9:00 am from the Trivent Financial located in Appleton.

What is the Human Race?

The Volunteer Center Human Race is the largest community fundraiser. It provides an opportunity for all nonprofit organizations to raise money for their programs and enables everyone to support the nonprofit of their choice. Participating nonprofits receive 75% - 90% of monies collected. The Volunteer Center of East Central WI receives the remaining percentage to coordinate the event. Race Day includes a 1 or 3 mile walk, food and entertainment after the event.

This is a unique opportunity for individuals, families and businesses to come together to raise money for area nonprofit agencies and clubs. Participants can collect pledges toward a non-competitive walk/run. Cerebral Palsy of Mideast Wisconsin will receive 75% of the money collected, so if you are able to participate in this fun event and for additional information, please contact Lynnae Sievert at 920-424-4071 or 1-800-261-1895.

Willow Creek hosts tour

Staff and consumers at the Wautoma House took a tour of Willow Creek Cheese Factory to watch cheese being made. They learned how to make different kinds of cheese, how long the process takes and how cheese is stored. The tour group also tried yummy samples!

Moely thanked for helping people with disabilities

Todd Moely has served on Fond du Lac County's Long Term Care Council for 17 years and is currently its Chair. He serves on the Board of Directors for Fond du Lac County's Creative Care Options Family Care program and is also a Board of Director for the Lakeland Care District since June, 2009. Todd has served on the Cerebral Palsy of Mideast Wisconsin's Board of Directors since January 2005. In 2008, Todd received the Distinguished Service Award from the Governor's Committee for People with Disabilities for his extensive involvement in advocacy activities for people with disabilities.



water, looking for a job but after six months with no prospects of a job, moved back to Fond du Lac. With the help of his parents he found an apartment and moved in June 1991.

June 1992 Todd was hired by Target where he still is employed. Todd has held various positions from clerical staff; sales floor; operator; store safety team; and Fast, Fun and Friendly Team. Todd enjoys his job and is made to feel part of society. Todd also has passion about his committee work by working with people with disabilities to make a difference.

Todd was born with cerebral palsy, raised in Fond du Lac where he attended a pre-school program conducted by Cerebral Palsy of Mideast Wisconsin with Ginger Beuk and other friends having disabilities. Because Todd did so well, he attend public school from kindergarten through high school. He went onto college and graduated from UW Whitewater in 1990 where he majored in speech communication with emphasis in public relations and a minor in personnel management. After graduation Todd stayed in White-

Todd's election to the Cerebral Palsy of Mideast Wisconsin Board of Directors in January 2005 caps many years of volunteer involvement with the agency's projects. A special honor was when he was its Ambassador for two terms, 1974-75 and 1975-76. We want to thank Todd for his dedication to the Cerebral Palsy of Mideast Wisconsin Board of Directors.

Todd is a huge Packer fan, even has season tickets which he tries to share the same enthusiasm with his father by taking him to games.

Consider making a gift to Cerebral Palsy of Mideast Wisconsin

Cerebral Palsy of Mideast Wisconsin is filled with opportunities for people who want to become involved in an organization who prides itself on providing quality supports and services to individuals and families one person at a time.

For more information on Cerebral Palsy, or to make a charitable donation, please mail your request to:
Cerebral Palsy of Mideast WI
P.O. Box 1241
Oshkosh, WI 54903-1241

Upcoming Cerebral Palsy Fundraising Events:

Style Show: "Stepping Out in Fashion is Stepping Up This Year"

Doors open 4:30 p.m. May 4
Oshkosh Convention Center
Reservations required

Brat Fry benefiting Wautoma House

May 22
StoneRidge Meat & Country
Market, E. Main St., Wautoma

Rummage Sale/Bake Food Sale

June 10-11
Wautoma House, 402 E. Division St., Wautoma

2010 Oshkosh Irish Fest

June 11-13
Leach Amphitheater
www.oshkoshirishfest.com

Axle Tech International A General Dynamic Company Charity Golf Outing

July 12
Oshkosh Country Club
Benefits the Respite House -
Oshkosh

6th Annual Charity Golf Outing benefiting the Wautoma House

August 16
Waushara Country Club
Reservations required

Brat Fry

August 28
Benefiting Wautoma House
StoneRidge Meat & Country
Market

Community Events

Oshkosh Day of Caring

April 9

Blue Ribbon Kids Day

April 10
Wautoma

Wheelchair Wash

May 1
Fox Valley Technical College,
Appleton

Wisconsin Family Care program expanding statewide, eliminating waiting lists

Wisconsin's Family Care program began operating in a few pilot communities in 2000, offering community-based, managed care services to adults with disabilities over the age of 18 and frail elderly people.

Family Care is designed to empower individuals, whose supports and services are built around goals they define. Another reason for Family Care is that it saves money.

There were five pilot counties, and when they completed the pilot programs, they did a survey and found they had saved approximately \$450 per member per year.

Family Care is currently expanding to be available statewide and will eliminate waiting lists for persons who need these important support services but can't receive them now because of funding restrictions.

Family Care will let our adults with disabilities over the age of 18 and frail elderly people choose the types of assistance they need to live independently within their community or to meet other personal goals. The Family Care program takes a different approach to providing services, which is using a nurse and care manager to develop a cost-effective care plan designed to keep participants healthy and provide specific, targeted services to support a person's independence and life goals. Those goals could include supports to help a member work, live in their own home, or remain active in their community.

Family Care delivers the services that allow people to maintain these activities by providing assistance such as home-delivered meals,

housekeeping, or temporary relief for relatives and/or caregivers.

It is not guaranteed that you will continue to have the same case manager, as some case managers may move to Family Care and some will not. Each case manager will manage 35-40 individuals. Parents of school age children will not have the same case manager once the child turns 18 and is in those transition years of 18-21 and in school.

The State is broken up into districts and here are some of the dates when Family Care will become effective in our area:

- Adams County will be in Family Care by 2013

Calumet, Outagamie and Waupaca will become Family Care through Community Care based out of Milwaukee.

Website:

www.communitycareinc.org/home.html

- Calumet - Began in January
- Outagamie - April 1, 2010
- Waupaca - July 1, 2010

Waushara, Green Lake and Marquette are Family Care through Care Wisconsin

Website:

www.carewisc.org

- Began in 2008

Fond du Lac, Winnebago and Manitowoc is called Lakeland Care District which is a public entity.

Website:

www.lakelandcaredistrict.org.

- Fond du Lac - Began in January
- Manitowoc - April 1, 2010
- Winnebago - July 1, 2010

When residents are eligible for publicly-funded long-term care service they will experience a change in how those services are provided. Prior to the startup date, they will need to make a choice between IRIS (Include, Respect, I Self-Direct) and Family Care.

For updated information on Family Care, the Lakeland Care District's web site lists forum dates, answers to any questions you may have and how this will affect you.

That web site is:

www.lakelandcaredistrict.org

The IRIS website is:

www.wisconsin-IRIS.com

On Saturday, March 13, 2010, Arc-Winnebago County Disability Association, Arc Fox Cities, Steve Kirschner-Advocate, Cerebral Palsy of Mideast Wisconsin, and Winnebago County Department of Human Services are sponsoring a conference from 8:30 a.m. to 3:45 p.m. at Mercy Medical Center, Oshkosh to answer any questions you may have and help compare the two programs (Family Care and/or IRIS-Include, Respect, I Self-Direct).

There is limited seating. To register, contact Arc-Winnebago County Disability Association at (920)236-9230 or Ashley@arcwinnebago.com.

This conference will be taped by Oshkosh Community Media Service.

Cerebral Palsy Wish List: Please help by donating from the list below

Out of Home Respite-Oshkosh

Twin Bed Sheet sets (16 sets)
Corelle Dishes (set of 16)
Plastic Drinking Glasses
Special Needs bowls
Sipper cups
Playground balls
Adult Scissors
2 Glider Rockers
Coloring books/crayons
Balls and air pumps
Storage cupboards (built in)

Wautoma House

Vacuum cleaner
DVDs
Large Frying Pans
Pot Holders
Pots & Pans
Twin Fitted Mattress Pads
Twin Bed Sheets Sets (8 sets)
Toilet Paper
Coloring Books
Crayons

Cooking Utensils
Large Beach Size Towels
Large Crock Pot
Picnic Table
Playground Balls & air pump
Sipper Cups
Alarm Clocks
Antibacterial Soap
Baby Monitors
Blender

Toy Lending Library

Sensory puzzles
Large knob puzzles
Magnetic puzzles
Board games
Weighted balls
Light and sound toys
Educational toys
Fine motor toys
Gross motor toys
Floor mat
Batteries (AA, AAA, D or C)

Containers to hold toys and puzzles and keep them together
Gift cards
Computer games
Adapted mouse
Games to be played on TV
CD players
Switches

Residential Camp Sandy Wheels

Dice Cup for Yahtzee
Sorry Game
Washable Markers
Crayons
(4) Decks of Playing Cards
(4) Decks of UNO
Candy Land Game
(2) Cribbage Boards – Lg. Size
Playing Card Holders
Beads and String for necklaces and bracelets
(2) Nose Drinking Cups

DID YOU KNOW...

In the year 2009, Cerebral Palsy of Mideast Wisconsin:

- Provided a total of 36,877½ hours of Out of Home Respite.
- Provided 839 Hours of Respite at the Fond du Lac Enrichment Day.
- Provided service to over 1,087 individuals with disabilities.
- Had 15 new campers attend Residential Camp Sandy Wheels, a 22 percent increase.
- Increased by 21 percent the number of consumers who used the Toy Lending Library.
- Had 668 volunteers provided over 10,000 hours of service.

Pop Warner football offers Challenger Division

Pop Warner offers a great opportunity for boys and girls with special needs to enjoy the game of football.

The program is offered to special needs children ages 6 to 15 who are unable to participate in other area football divisions. It is no-contact and individualized to their abilities. Parents and/or buddies assist players as needed.

The season starts in September by playing five to six games on Saturday afternoons. The games are played in Appleton.

Check out pictures from last year's



Children with special needs play in the Challenger Division of Fox Valley Pop Warner Football.

season on the Web site www.appletonfootball.org and click on Challenger division.

If you are interested in learning more or want to be on the mailing list, email Sue Hipple at shipple@new.rr.com.



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DID YOU RECENTLY MOVE OR ARE YOU PLANNING A MOVE?

If your answer is **yes**, and your newsletter is mailed directly to you, please call us at **920-424-4071** with your updated information. You will save Cerebral Palsy money by preventing the return of newsletters with incorrect addresses. THANK YOU for helping to update our mailing lists.

If you would like to receive this newsletter electronically, please forward your name, home address and email address to Cerebral Palsy at **cp@cpmideastwis.com**



United Way Partner Agency